

February 20
SONG WRITING 101: EVER WONDER HOW
SONGS ARE CREATED?
Paul Woolley



Musician and film-maker Paul will present a musical appreciation, covering the history of music and harmony from 500 BC (Pythagoras) to the present, answering: which comes first? Lyrics, melody or chord progression? How long does it take to compose a song? He will demonstrate by writing an impromptu song based on a random poem proposed by the audience! The audience should learn enough to write a hit song!

Paul Woolley grew up in Sarnia and has followed a varied life as an Anglican Reverend, College teacher (Science) and owner of a Hi-Fi audio equipment factory. Currently he is writing the musical score for a play based on the last woman to be hanged in Canada (Sarnia actually!). Truly a Renaissance man!

MEET YOUR FRIENDS AT CENTRAL FORUM TUESDAY AFTERNOON

Do you have a speaker
you would like to recommend?

Please inform a Committee Member
or place your suggestion in the
suggestion box at a
Central Forum Session.

Would you be interested in
volunteering with our Committee?

Inquiries: 519-344-4561

CENTRAL FORUM COMMITTEE

Chair & Secretary: John Ward

Treasurer: Stan Martin

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Firman Bentley

Holli Griffith

Rolf Hauckwitz

Donna Poore



2018

Tuesday Afternoons

Doors open at 1:00 pm
Commence at 1:15 p.m.

Discussion Series

January 9 to February 20, 2018

CENTRAL UNITED CHURCH
Brock & George Streets - Sarnia

\$4 per session

Please enter from parking lot
Accessible entrance at the front of Church

Central Forum would like to say thank you to Elizabeth McDonald who retired from our Committee after serving and devoting many years to Central Forum. Her hard work and dedication helped to make Central Forum what it is today. We wish her well as she and Dennis embark on their new adventures.

Central Forum has lost a treasured committee member, speaker and friend recently in the passing of William "Bill" Scott. He came to Central Forum and took on the role of Treasurer, Committee Member and volunteered to present travelogues. Our heartfelt condolences go out to his family. He will be missed.

If you would like to be on our mailing list, let us know. Please make sure to fill out our survey at the end of our 2018 session. It will help us to plan for the future.

CENTRAL FORUM 2018

January 9 THE INCA TRAIL, PERU Al Grimwood



Al continues his series of culturally and historically significant travelogues featuring Spanish language and history. His informative and compelling audio-visual presentation takes you along one of the top treks in the world amid beautiful mountain scenery, lush cloud-forest, subtropical jungle and stunning Inca ruins, culminating in an exploration of Machu Picchu, the "Lost City of the Incas".

After retiring from teaching at Northern High School, Al Grimwood has sought out cultural and historically significant experiences based on Spanish language and history. As well as the Inca trail, he has travelled in Spain, South America, and made a pilgrimage along the Camino de Santiago.

January 30 TEACHING MATHEMATICS IN ONTARIO Kevin Shaw, Brian McBain



As experienced high school math teachers, Brian and Kevin will describe some provincial challenges, rewards, and international comparisons. For example: how to make Science, Technology, Engineering and Math subjects (STEM) more attractive, especially to girls. Proposed revisions to the provincial syllabuses and emphasis on 'coding' will be discussed.

Both speakers graduated in Mathematics (Waterloo). Brian McBain, originally from Peterborough, has spent 11 years teaching secondary school math with LKDSB. Currently, he is the board's Secondary Math Consultant. He lives in Sarnia with his wife Jennifer, and their daughter Mackenzie.

Kevin Shaw, originally from Brigden, has taught high school math for 17 years, currently at Great Lakes Secondary School. He also works as an information technology consultant. He lives in Petrolia with his wife Laura and has 3 sons.

January 16 POLICING IN SARNIA John Pearce



John will discuss general trends in violent and property crimes, and developments in policing in Sarnia. In particular he will mention fentanyl, crystal meth and opioids abuse, student suicide and cyber bullying. During questions & answer, John may be prepared to respond to other topics including sexual assault and human trafficking.

Detective Sgt. John Pearce has been a police officer for 27 years and previously in the Canadian Forces for 6 years. He has spent the last 20 years in Criminal Investigations and is currently the officer in charge of the Vice unit which oversees the drug issues in the Sarnia area

February 6 THE DANISH EXPERIENCE Monica Shepley, Jonna Easterby



Monica and Jonna, two members of the Danish Sisterhood Bluewater Mermaids Chapter, share their experiences as a Dane in Canada and a Canadian in Denmark. They will share insights on Danish culture and history, explain the real meaning of "hygge" and talk about modern issues, like green energy.

Monica Shepley, originally from Courtright, attended S.C.I.T.S. and the University in Ottawa. She has lived in Greenland and later in Denmark, where she learned Danish. Returning to Sarnia in 2010, she joined the Danish Sisterhood and currently works with the Chamber of Commerce. Jonna Easterby recently retired as a registered nurse, after 42 years. She has worked in 3 different countries, 10 different facilities and 15 different departments. While preparing to work in Kenya, Africa, she met a Sarnia boy, Terry Easterby! She is very active in the local Danish community.

January 23 BIOINDUSTRIAL INNOVATION Sandy Marshall



Sandy will review Sarnia's Bioindustrial Innovation Canada (BIC) and the future for bio-feedstocks for chemicals, materials and fuels. He will also provide an update on new funding and successes with the Bio-Amber facility, Comet Biorefining and some exciting new developments.

Sandy Marshall is Executive Director of Bioindustrial Innovation Canada (BIC) and Chairman of the Board of Governors at Lambton College as well as several other board-level positions. After graduating with a BASc and MASc in Chemical Engineering (Waterloo) he joined Polysar Inc. In 1984, spending 30 years in the chemical and polymers industry, including two international assignments he finished his corporate career as President and Managing Director of Canadian Operations of Lanxess Canada. Sandy is married to Darlene and they have two sons.

February 13 LIVING WITH MENTAL ILLNESS Harlin Braichet, Don Schenk



Harlin developed atypical schizophrenia while at University of Indiana, on a music scholarship. He will share his inspirational story of misdiagnosis, inappropriate treatment, eventual correct diagnosis and the successful management of his condition. Don will describe the Lambton Mental Wellness Centre, and touch on his experiences at CNR as Disaster Manager.

After high school in Sarnia, Harlin Braichet won a prestigious music scholarship at the University of Indiana. He now works as a professional musician and teacher. Don Schenk, is currently the chair of the Lambton Mental Wellness Centre. He retired from CNR, as Disaster Manager, dealing with rail disasters including suicides.